

I'M SAFE!

Official Water Watcher

www.imsafe.com

Water Watcher Pledge



- ★ While wearing this tag, I agree to constantly watch the children who are in or near water and keep them within reach.
- ★ If I need to leave the area for any reason, I will give this tag to another adult who agrees to constantly watch the children.
- ★ In a drowning emergency, I will
 - immediately yell for help and safely remove the child from the water.
 - call 911 (or quickly get another adult to call).
 - check the child's pulse and breathing.
 - start rescue breathing and/or administer CPR as needed. Continue until help arrives.



I'M SAFE!

Drowning is silent and fast. Supervision is your child's best protection.

www.imsafe.com



WATER WATCHER



While wearing this tag, I accept responsibility for guarding the pool to protect children from drowning. I will not leave the pool area without a replacement at any time.

SAFE KIDS
Northwest Florida

Lead Organization:
Wolfson Children's HOSPITAL
BAPTIST HEALTH

e-baptisthealth.com



Children Drown... Without a Sound

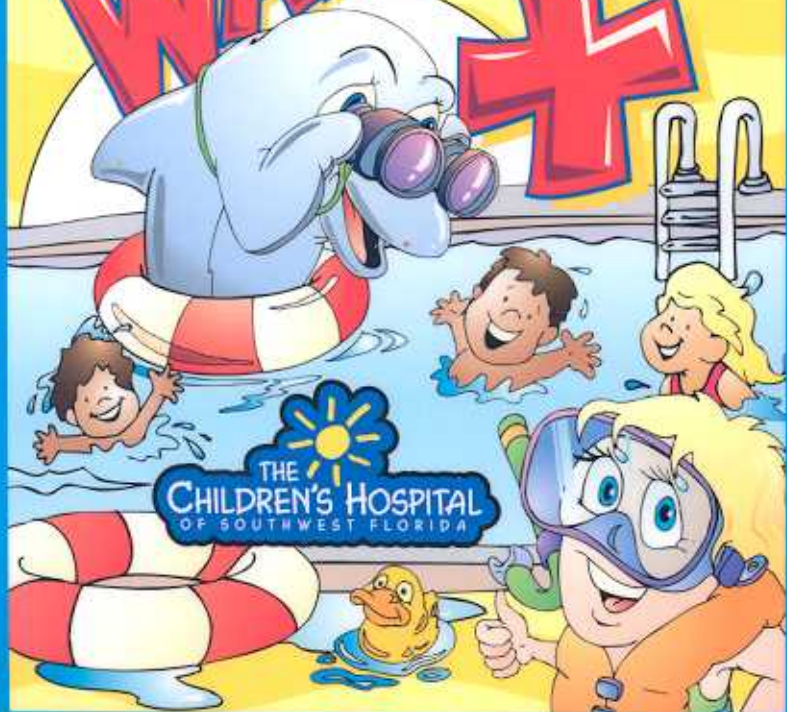
- I will limit the number of kids in the pool area and get help if I need it before kids go into the water.
- I will continuously scan the water's surface and the bottom of the pool with my eyes.
- I will avoid poolside chats, eating, talking on a phone and all other distractions.
- I will stop unsafe play and running in the pool area.
- I will keep a phone by the pool for emergency use only.
- I will locate and learn how to use the pool safety equipment.
- Learn CPR and First Aid!
Call 202-2229.

In co-operation with:



www.waterpals.com

CHILD WATCHER



THE
CHILDREN'S HOSPITAL
OF SOUTHWEST FLORIDA

Water Watcher Tips!

-  Designate an adult as a **Child Watcher** who will wear this badge whenever children are near the water.
-  Always pay attention to your child in a swimming pool, hot tub, or wading pool and **never leave him or her alone**, even for a second.
-  Use four-sided fencing at least five feet high to **enclose your pool or spa**, with gates that close and latch themselves. Your house should not be used as one of the four sides.
-  Become **CPR certified**—keep a telephone, emergency numbers and rescue gear on your pool deck.
-  Have alarms for your doors, windows, pool and gates, and for **extra protection** use automatic pool covers.
-  Give your child **swimming lessons**, and remember that lessons alone are no substitute for a parent's eyes.
-  Have water play **rules**, which you consistently enforce.

SWIM Lee




THE
CHILDREN'S HOSPITAL
OF SOUTHWEST FLORIDA
LEE MEMORIAL HEALTH SYSTEM



While wearing this whistle, I accept responsibility for guarding the children in the pool to prevent them from drowning. I will avoid any distraction that may hinder my ability to supervise them from drowning. I will leave the pool area or if I am distracted, for any reason, I will find a replacement Lifeguard.

I'M IN CHARGE!
LIFEGUARD ON DUTY

Swimming Whistle
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